

# GREEN MAN PERSONAL CHALLENGE

## 8-leg supported 24-hour version



### LEG 1: 5M (approx)

From the Green Man (ST558 726)  
to Dundry Car Park (ST556 668)

↑ 350m (follow way marks)  
track ←  
↑ 100m kg  
↑ 100m edge of wood ↗  
↑ 150m kg (back of Ashton  
Court) ↗ (NB Route variation)  
↑ 200m past group of 5 trees  
s ↗  
↑ 200m across pitches f-p →  
↑ 70m rd →  
↑ 200m on pavement j  
CAUTION: Cross road using  
central refuge ←  
↑ 100m j (CAUTION  
SLIPROAD) ↑ 50m → f-b←  
↑ 150m traffic lights →  
↑ 50m gap between stones  
(over road to Park and Ride)  
↑ 30m bridge + gate  
↑ 400m s  
↑ 50m (beside triangular  
copse) gap  
(Rejoin Forest Path)  
↑ 500m kg in railway tunnel  
↑ 600m ← f-b g (the 2<sup>nd</sup> one)  
↗  
↑ 60m s

↑ 50m ←s  
↑ 50m → s ↖  
↑ 100m s ↗  
↑ 100m s concrete track s ↑  
(NB CFP map wrong at this  
point. Path diverted!)  
↑ 120m s track s ↑  
↑ 180m s ←  
↑ 150m s ↑  
↑ 100m s →  
↑ 50m in bus stop pc  
CAUTION!!! A38 CROSS  
ROAD  
↑ 50m up track kg (into field)  
↑ 300m s (pipeline work)  
↑ 25m s  
↑ 50m s  
↑ 180m gap ↗  
↑ 50m → g (wired – use as  
stile) ↖  
↑ 300m ← 2sb (in corner of  
field, usually concealed by  
brambles) →  
↑ 50m (enclosed path) 2sb ↑  
↑ 80m g ↑  
↑ 220m s ←  
↑ 80m s ↗  
↑ 180m b ↗  
↑ 180m → gap ←  
↑ 200m ↑ rd CAUTION ↖ b-  
p  
↑ 150m g ↑  
↑ 150m ←before g  
↑ 200m ↑ stone s ↑  
↑ 600m on track g (head  
toward Dundry Church)  
↑ CAR PARK AT DUNDRY

# GREEN MAN PERSONAL CHALLENGE

## 8-leg supported 24-hour version

### LEG 2: 5M (approx)

From Dundry car park (ST556 668) to Pensford lockup (ST620 637)

↑ 50m T-j ← (by church)  
(CAUTION!)  
↑ 50m j → (on bend)  
↑ 80m open g  
↑ 290m g (climb)  
↑ 50m s (by farm)  
↑ 200m s  
↑ 100m → g ←  
↑ 20m ← g → j → (Oxleaze Lane)  
↑ 160m T-j ← (West Dundry Lane CAUTION)  
↑ 60m +j (B3114 CAUTION!)  
↑ 350m → s ←  
↑ 180m s  
↑ 300m (follow contour)  
stone s →  
(East Dundry)  
↑ 350m on road (2<sup>nd</sup>) j ↑  
through g (Walnut Farm Cottage)  
↑ 50m on drive → (by barn)  
↑ 30m ← s (past Leylandii)  
↑ 15m s ↗  
↑ 70m g ←  
↑ 200m (along l fence) g ↗ (slightly)  
↑ 500m s (far end of field – not g)  
↑ 60m s → (on road)  
↑ 350m j → ← s (North Wick)  
↑ 150m s  
↑ 150m 2s b ↖  
↑ 30m 2s b  
↑ 180m s ←  
↑ 15m 2s b  
↑ 220m 2s b

↑ 130 m ← s ↗  
↑ 50m s → j ←  
(Norton Hawkfield)  
↑ 100m T-j ←  
↑ 30m → kg  
↑ farmyard 80m T-j ↗  
↑ 30m g  
↑ 80m g  
↑ 300m fence corner ←  
↑ 180m kg ↗  
↑ 100m kg ↗  
↑ 100m kg ← (on road)  
(Norton Malreward)  
↑ 80m → kg ↖  
↑ 100m kg  
↑ 100m kg ↗ kg ←  
↑ 50m →  
↑ 750m across landing strip and uphill to gap  
↑ 320m stony lane T-j ←  
(!!!B3130 CAUTION!!!)  
↑ 30m on road → kg →  
↑ 50m kg ←  
↑ 150m kg ↖  
NB OFF FOREST PATH  
(safest route per risk assessment)  
↑ 120m 2mini-g b  
↑ 220m kg  
↑ 200m kg → (by wood)  
↑ 180m kg (under viaduct)  
↑ 80m T-j ← (Pensford)  
↑ 30m T-j → on pavement  
(CAUTION A37-use p-c)  
↑ 60m ← p-c →  
↑ 60m j ←  
(NB back on Forest Path)

# GREEN MAN PERSONAL CHALLENGE

## 8-leg supported 24-hour version

### LEG 3: 5.5M (approx)

From Pensford lockup (ST620 637) to the car park near the Lockkeeper at Keynsham (ST660 690)

↑ 50m j← (by historic lockup)  
↑ 100m →(white rail) kg ←  
↑ 90m ↗ (by gate)  
↑ 150m kg ↗  
↑ 160m kg →  
↑ 50m over rd b → f-p (by Publow Church)  
↑ 15m kg  
↑ 15m hedge corner ←  
↑ 300m kg →  
↑ 10m g and farm b over river  
↑ 20m → kg ←  
↑ 80m s b  
↑ 60m ← kg →  
↑ 300 m kg ↖  
↑ 300m kg + f-b  
↑ 15 m rd ← (Woollard)  
↑ 100m over rd b → j  
↑ 20m j →  
↑ 120 m g ↑  
↑ 150m post by gorse bush ↖  
↑ 100m (uphill) kg  
↑ 200m kg  
↑ 130m kg  
↑ 200m kg into wood ↗  
↑ 200m through wood kg ↖  
↑ 100m ← before fb  
NB OFF FOREST PATH (to avoid churchyard)  
↑ 100m 2 mini g b →  
↑ 300m alongside river kg → (Compton Dando)  
↑ 15m on road ← kg ←  
↑ 400m kg (by river)  
↑ 150m along river kg  
↑ 100m ↖ 80m kg

↑ 200m through wood kg  
↑ 100m kg  
↑ 50m → kg ↖  
↑ 200m kg  
↑ 200m on river bank s + b  
↑ 400m along bank kg ↑ kg (Lane from Chewton Keynsham)  
↑ 80m g ↑ g  
↑ 300m f-b ↑  
↑ 50m kg →  
↑ 100m on road ↑ kg (CAUTION BLIND BEND)  
↑ 350m kg  
↑ 250m kg  
↑ 50m kg  
↑ 150m kg  
↑ 80m ← Albert Mill (OP)  
↑ 5 m →  
↑ 70 m T-j →  
↑ 50m j →  
↑ 15m j ←  
↑ 900m through park (river on r) under 2 rd b → f-b (last in park)  
↑ 50m uphill g ←  
↑ 40m j ←  
(Cross road - CAUTION)  
↑ 100m T-j →  
↑ 250m over rd b →steps down to car park nr LOCKKEEPER

# GREEN MAN PERSONAL CHALLENGE

## 8-leg supported 24-hour version

### LEG 4: 5.5M (approx)

From the Lockkeeper at  
Keynsham (ST660 690) to  
Shortwood Hill (ST683 759)

↑ 20m → (on River Avon Trail  
to Bristol)

↑ 200m kg

↑ 600m (on river bank) kg

↑ 100m → kg

↑ 10m kg

↑ 350m kg track s

↑ 300m (on Dramway) → s ←

↑ 20m j (roundabout)

↑ (CROSS ROAD)

**CAUTION!** ←

↑ 160m → (into Willsbridge  
Mill conservation area)

↑ 150m ↗ (around the Mill)

↑ 50m g or s

↑ 400m j ↑

↑ 40m ↗

↑ 60m kg ↗ j ← (Cherry  
Wood)

↑ 150m ↗ f-p

↑ 40m → gap ←

↑ 1600m on railway path j →  
(Southway Drive)

↑ 120m j ← (find Dramway  
Path)

↑ 250m j ↑ (Windermere  
Way)

↑ 40m ← f-p

↑ 40m j ↑

↑ 1000m (on Dramway) j ←  
(London Road)

**CAUTION!**

↑ 40m → pedestrian crossing  
→

↑ 15m ← s

↑ 350m (on Dramway) j  
(through arch) →

↑ 100m ← f-p

↑ 50m field

↑ 300m gap

↑ 50m → 2<sup>nd</sup> kg ←

↑ 100m kg

↑ 100m rd ← (Goose Green)

↑ 20m → (Cherry Orchard  
Farm)

↑ 50m s

↑ 70m mini-g →

↑ 150m kg track kg

↑ 220m (horse-field contains  
temporary fencing and electric  
gates) kg ↖

↑ 210m g ↖

↑ 250m gap ↑

↑ 250m kg ↑ (↗ slightly)

↑ 280m s

↑ 130m g ↗

↑ 250m s →

↑ 50m ← **CAUTION!** Cross  
road mini-g

# GREEN MAN PERSONAL CHALLENGE

## 8-leg supported 24-hour version

**LEG 5: 5.75M (approx)**  
From Shortwood Hill (ST683 759)  
to the White Horse, Hambrook  
(ST644 790)

↑ 50m kg (in deer fence) ↗  
↑ 100m through trees (path often overgrown) kg (in deer fence) ↑ through hedge  
↑ 420m kg →  
↑ 200m j ↑ (driveway)  
↑ 60m gap by g  
↑ 80m s  
↑ 100m open g →  
↑ 300m on track round quarry s  
↑ 40m kg →  
(Brandy Bottom Colliery)  
↑ 520m (keep left over rd-b) ←kg  
↑ 150m kg → (on road)  
↑ 50m j ↑  
↑ 350m past kg at Lydegreen Farm to tunnel under M4 mini g + hg ←  
↑ 30m g ↗  
↑ 100m kg  
↑ 100m 2s b  
↑ 350m gap  
↑ 70m g ↖  
↑ 200m (past old pit shaft) kg →  
↑ 250m j **CAUTION!!! RAT RUN**  
↑ 150m ← driveway  
↑ 40m hg  
↑ 250m kg  
↑ 100m mini-g  
↑ 150m kg ←  
↑ 50m j →  
↑ 150m (past j) ← kg  
GOLF COURSE

↑ 200m (on drive) car park ↗  
↑ 100m to cinder track around edge of golf course.  
↑ 400m on track j → (past café)  
↑ 100m ← (before g)  
↑ 300m (over f-b) → kg →  
↑ 80m on rd ← kg ↗  
↑ 50m telegraph pole stump f-p marker ↖  
↑ 50m f-b → f-p marker  
↑ 300m through golf course following f-p markers kg  
↑ 50m **ACROSS ROAD - CAUTION!** Park Road ↑  
↑ 160m ← driveway (Ivory House) into wood ↖  
↑ 100m down through wood gap →  
↑ 100m (on lane) j  
↑ 400m ←s  
↑ 40m riverbank ←  
↑ 500m kg →  
(CAUTION BLIND BEND)  
↑ 50m (over rd-b) j (The Dingle) ←  
↑ 250m ← (f-p beside garage)  
↑ 200m ← f-b →  
↑ 100m g  
↑ 200m j ←  
↑ 120m ← f-p ↖  
↑ 80m up to s ↖  
↑ 210m s →  
↑ 20m j →  
↑ 150m j  
↑ 200m j  
↑ 100m j →  
↑ 60m (over rd-b) ← s  
↑ 250m s →  
↑ 100m →  
WHITE HORSE CAR PARK

# GREEN MAN PERSONAL CHALLENGE

## 8-leg supported 24-hour version

### LEG 6: 5M (approx)

From the pavement opposite The White Horse (ST644 790) to Patchway Community College, Hempton Lane, Patchway (ST607 825)

↑ 340m j ← CAUTION ROAD CROSSING

↑ 20m → (Sunnyside Lane)

↑ 150m ←

↑ 190m on rd → f-p

↑ 200m (s) ← [stile removed]

↑ 80m s ←

↑ 130m (along left hedge) kg

↑ 250m kg ↑ kg

↑ 300m field corner →

↑ 200m kg

↑ 200m kg ←

CAUTION

↑ 180m (on road) → j

↑ 250m (over railway bridge) j (traffic lights) ↑

↑ 180m (on tarmac cycle track)

j ← j →

↑ 200m j →

↑ 200m j ← (into Mead Rd)

↑ 400m j ↑

CAUTION! use p-c

↑ 200m (on Mead Lane) j ← (at grassy triangle)

↑ 50m (on tarmac f-p) j

↑ 150m T-j →

↑ 80m rd CAUTION ↑ ↖

↑ 550m on f-p through wood

← 2<sup>nd</sup> f-b →

↑ 350m (under road bridge) j (by lake) ←

↑ 900m on cinder track alongside Patchway Brook) (not → fb not ← path) s/kg

↑ 120m through Savage's Wood keep rt on fb over ditch

↑ 650m alongside brook until just before br overhead → f-b j

←

↑ 40m rd ←

↑ 500m over f-b rd j

CAUTION

↑ 450m j ←

GLOUCESTER ROAD A38

↑ 20m ← underpass

↑ on far side keep to cycle track to Hempton Lane ←

(past Patchway Community College)

# GREEN MAN PERSONAL CHALLENGE

## 8-leg supported 24-hour version

### LEG 7: 10K (approx)

From Patchway Community College (ST 607 825) to Blaise car park (ST558 786)

↑ 400m → steps ←  
↑ 200m j ← (Waterside Drive)  
↑ 50m j →  
↑ 200m → cycle trap  
↑ 370m cycle trap  
↑ 270m bend ←  
↑ 150m s  
↑ 30m →f-b (over M5)  
↑ 400m rd ←  
CAUTION !!! RAT RUN  
↑ 10m j →  
↑ 500m ← s (2<sup>nd</sup>, on bend)  
↑ 120m s  
↑ 280m s rd s ↑ s  
↑ 130m s ↗  
↑ 150m mini-g + s (in field corner)  
↑ 20m ←mini-g b mini-g ↗  
↑ 200m 2sb (by telegraph pole)  
↑ 120m 2sb↗  
↑ 150m 2sb  
↑ 20m j ↗  
↑ 100m kg track kg  
↑ 200m 2sb ←  
↑ 200m cycle trap  
↑ 80m j → CAUTION!  
↑ 20m ← f-p  
↑ 30m kg  
↑ 200m kg  
↑ 50m lych g  
↑ 50m rd kg  
↑ 100m kg ↗  
↑ 150m kg  
↑ 50m rd →  
↑ 50m ←kg  
↑ 50m kg (beside orchard)

↑ 80m kg ↖  
↑ 150m wicket g ↗  
↑ 220m kg  
↑ 100m kg track kg  
↑ 280m kg (into wood)  
↑ 550m field corner (not 2sb)  
←  
↑ 300m ↑ kg →  
↑ 70m j ←  
↑ 780m → wicket g (op Norton Farm)  
↑ 180m kg  
↑ 120m kg  
↑ 140m kg  
↑ 40m ← kg  
↑ 30m (over railway) j→ j ←  
↑ 200m (Greenlands Way) j →  
↑ 70m ← j (CAUTION use crossing place)  
↑ 120m (through snicket) j →  
↑ 30 m j ← (Lowlis Cres)  
↑ 150m f-b →  
↑ 320m alongside brook → f-b ←  
↑ 100m (along brook) stone s  
CAUTION!!  
↑ 100m (Henbury Gdns) steps ↗  
↑ 50m through churchyard g  
↑ 15m j ←  
↑ 100m (Church Lane) j ←  
↑ 30m ← g  
↑ 100m j ↗  
↑ 250m to car park

# GREEN MAN PERSONAL CHALLENGE

## 8-leg supported 24-hour version

### LEG 8: 10K (approx)

From the Blaise Castle Estate car park off Kingsweston Road (ST558 786) to the Green Man (ST558 726)

Start at the gap in the wall at the west end of the car park where a footpath enters the park.

From gap ↗ on line of dog waste bin

↑ 430m past wood corner to 'Echo Gate' (take middle path)

On Forest Path

↑ 80 m kg (at top of steps)

↑ 1500m kg

↑ 50m f-b (Iron Bridge) ←

↑ 80m to rd CAUTION ↑ kg

↖

↑ 550m (round edge of golf course) ← kg

CAUTION SYLVAN WAY

↑ 280m through wood rd ←

↑ 50m j (by St Edyth's

Church) → (Riverleaze)

↑ 250m (round bend) ← j

(Clapton Walk)

↑ 40m ↗ f-p

↑ 20m gap ←

↑ 250m along river - rd →

↑ 100m j (Sea Mills Lane) ↑

(on Avon Way – CAUTION keep to the right)

↑ 150m j ↑

↑ 250m j ↑ (past Roman Way)

↑ 100m → f-p ↗

↑ 30m rd → (Old Sneed Park)

↑ 20m ← f-p ← (Mariners' Walk)

↑ 600m j CAUTION ↑

↑ 350m j ↑

↑ 200m j

CAUTION CROSS RD TO DOWNS ↖

↑ 50m avenue of trees →

↑ 400m → CFP sign ↗

↑ 100m interpretive panel (IP)

↖

↑ 400m IP on U-bend ↖ (NB:

Follow new CFP sign. Old sign leads to severe drop.)

↑ 200m along top of gorge (watch footing on steps) last

← f-p ←

↑ 150m rd →

↑ 50m j ↑ CAUTION

↑ 450m on Promenade j →

↑ 150m viewpoint ←

↑ 170m j → f-p (by seat

↑ 20m j →

↑ 30m rd →

↑ 450m (over Suspension Bridge)

j →

↑ 1050m along North Road (NB route variation.)

Keep on North Rd to T-j) T-j

CAUTION CROSS ROAD ←

↑ 60m → gap by g ←

↑ 500m (on mountain bike track) rd ↗

↑ 50m kg (into deer park) ↗

↑ 50m GREEN MAN