



TOWN AND COUNTRY HARRIERS

SUMMER PUB SERIES 2012



Thursday May 10th 7:15pm	Wrrington Woodland Run	Lord Nelson Cleeve On the A370 BS49 4NR	About 10k. 2 climbs of about 100m, the 2 nd is severe	The pub is a 'Hungry Horse' so you can fill up afterwards	
Thursday June 14th 7:15pm	Purdown Pursuit	Mason's Arms 124 Park Rd Stapleton BS16 1DT	About 10k of parkland & woodland. No big hills but plenty of juicy little ones.	No food, but the cider is very good!	
Thursday July 12th 7:15pm	Burrington Blaster	Burrington Inn Burrington Off the A368 BS40 7AT	Similar to a category BM fell race. 3km uphill at start. 254m total ascent; about 10k	Food served all day. Call 01761 462227 to book or visit website for menus	
Thursday August 2nd 7:15pm	Dundry Thunder Run	Dundry Inn Dundry Off the A38 BS41 8LH	About 10k of country roads, lanes and tracks. Climbs of 130m and 125m	Food served daily: Call 0117 9641722 to book or visit website for menus	

PARKING AT OUR HOST PUBS IS EXTREMELY LIMITED, 2+ RUNNERS IN EVERY CAR PLEASE

Prize Categories: M&F 16-24, 25-39, 40-49, 50-59, 60+. M&F team prizes (teams of 4).

Minimum age 16. First aid cover at the finish. Race limits of 100.

Enter online at www.tach.org.uk or send entry form & cheque payable to "Town and Country Harriers" to:
TACH Summer Series, 6 Chestnut Road, Long Ashton, BRISTOL BS41 9HR

Postal entries £5 per race (£7 unaffiliated). Online admin fees apply. Strictly no entries on the day.

All races under Trail Running Association (TRA) rules; permits applied for.

For more information visit www.tach.org.uk or call Chris Smart on 07791 688 409.



Race(s) Entered:
Please circle

Woodland	Pursuit	Blaster	Thunder
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First Name Date of Birth/...../.....

Surname Age on Race Day (s)

Address Gender Male / Female (circle)

..... Affiliated Club

..... E-mail

Postcode Tel No.

DECLARATION

I declare I am medically fit to enter this race(s). Under no circumstance will I hold Town and Country Harriers, the race officials or marshals responsible for any accident, loss or damage as a result of my participation in any of the TACH Summer Pub Series. I agree to my name and club being published in the pre-entries and results.

Signed Date/...../ 2012 Entry Fee £.....